



Questions for Your Dermatologist About Plaque Psoriasis

When you meet with your dermatologist, you can use this list of possible questions to help you better discuss your plaque psoriasis and the treatments that are available.

What is plaque psoriasis?

What are the symptoms of plaque psoriasis?

Is my condition considered mild, or is it moderate to severe?

What causes my plaque psoriasis to flare up?

Can my flare-ups be controlled?

How are biologics different than other types of therapy?

Would biologic therapy be appropriate for me?

What are the side effects of biologic therapy?

Additional questions that I have:

My Notes

Before your visit, write down some ways your plaque psoriasis affects your daily life—at home, at work, and with friends and family. For example, ask yourself:

- Does your plaque psoriasis interfere with your everyday activities?
- Does your plaque psoriasis make social situations more difficult?
- Does your plaque psoriasis cause you to feel self-conscious or withdrawn?

